

YOU ARE ONLY ONE BELIEF AWAY FROM LIVING YOUR BEST LIFE NOW!



Use The **OBA** Method To Transform Self-Doubt and Anxiety Into Self-Confidence and Drive!

UNIQUE STORY IDEAS

- **One Belief Away Breakthroughs**
For Veterans With PTSD/Relieving Boredom/Increasing Wealth, Losing Weight, Eliminating Panic Attacks, Improving Sports Performance, Avoiding Divorce, Asking For A Raise, Overcoming Traumatic Experiences, etc.
- **1-Minute Anxiety Cures**
Transform Worry Into Calm In Less Than 60 Seconds - Fresh, New Visual Strategies!
- **Can Anxiety Be Good For You?**
3 Quick Ways Stress Can Improve Your Mental Health
- **How To Raise Less Anxious/More Resilient Kids**
New Parenting Tips For Stressed Out Parents
- **Healing With Hypnosis**
Using Clinical Hypnotism To Stop Smoking/Lose Weight/Phobias/Pain Reduction
- **What Anxiety Type Are You?**
Learn 4 Dysfunctional Ways People Cope With Stress & The Type That Sets You Free!
- **How To Stop An Argument In 30 Seconds Flat!**
Quick Communication Tips To Improve Leadership, Marriages, Conflict Resolution
- **Are Unconscious Beliefs Sabotaging Your Money, Career, Health, Happiness?**
Use The One Belief Away Method To Give Your Brain Software An Upgrade!

TIM SHURR, MA

Anxiety Expert



Contact Info

Email: tim@timshurr.com



Media Reel:

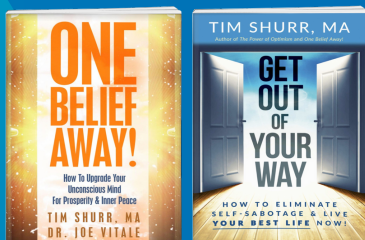
TimShurr.com/press-room

CREDENTIALS

- Bachelors & Masters Degree in Psychology
- Advanced Certifications In Hypnotism & NLP
- 32 Years Studying Human Behavior
- Facilitated 15,000 Individual Hypnosis Sessions
- Over 50 Television Appearances
- Award-Winning Motivational Speaker
- Multi-Award-Winning Hypnotist
- Bestselling Author of 6 Books
- Podcast Host of How To Be Mesmerizing!
- Founder of the Global Legend Summit
- TEDx Speaker



Author books



Featured on



Cell: 317-502-5293 | Email: tim@timshurr.com | Website: timshurr.com

Tim Shurr, MA - Anxiety & Bad Habits Expert

Expert Advice On Anxiety, Overcoming Fear, Breaking Bad Habits, Leadership & Hypnosis

Direct: (317) 502-5293 / tim@timshurr.com

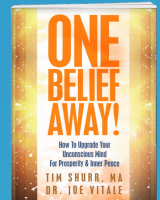
The brain is like a Smartphone. It runs apps, which are software programs that tell your phone what to do. Some Apps empower your life while others waste your time. Occasionally, computer software gets a virus that sabotages the phone's ability to function properly.

Your brain also runs applications called Beliefs. Some beliefs empower you and others prevent you from living your best life. **Human Software has collectively become infected with mind viruses that sabotage** one's health, relationships, money, and self-confidence.

Your viewers/listeners/readers will experience the symptoms of insecurity, anxiety, anger, bad habits, procrastination, high stress, insomnia, poor health, fatigue, marital problems, money problems, and depression. **However, the One Belief Away Method quickly upgrades Human Software and deletes unhealthy mind viruses.**

When this happens, **your mood, focus, motivation, and quality of life instantly improves.** You are only One Belief Away from living your best life now!

Your Biggest Breakthroughs Are One Belief Away!



Company Used One Belief Away Method To Raise Employee Satisfaction Survey Scores From 46% To 97% In One Year!

Tim Shurr Helps Fox News Meteorologist Overcome Spider Phobia In 10 Minutes On Live TV!



Woman Loses 154 LBS In 10 Months Using The One Belief Away Method!

OBA Method Helps Breast Cancer Survivor Become A Champion Bodybuilder At 50!



Struggling Salesman Uses OBA Method and Smashes His Company Sales Records 3 Years In A Row!

Contact Info

Email: tim@timshurr.com

Media reel:

TimShurr.com/press-room

Cell: 317-502-5293 | Email: tim@timshurr.com | Website: timshurr.com